

COPING CONSTRUCTIVELY WITH CO-WORKER CONFLICT

**Wednesday, October 6, 2021,
at 3 p.m. (EDT)**

12:00

BC (PDT)

1:00

AB/SK (MDT)

2:00

MB (CDT)

3:00

ON/QC (EDT)

4:00

PEI/NB/NS (ADT)

4:30

NL (NDT)



With veterinary hospitals functioning at maximum capacity and often short-staffed, emotions are running high, and everyone is feeling stressed. At times like these, it is easy to snap at a colleague or become disgruntled with a co-worker, especially during disagreements over case management or scheduling. **Research suggests that teams who can effectively communicate and resolve conflict provide better patient care and have higher job satisfaction than teams who avoid conflict or, worse, talk behind each other's backs.**

During this webcast, veterinary wellness advocate and **Thrive!** collaborator, **Dr. Marie Holowaychuk**, will discuss strategies for:

- effective team communication, including proactive problem solving and conflict resolution;
- addressing inappropriate behaviour.

Join us to explore ways to resolve conflict through better communication in your clinic.



Presented by **Marie Holowaychuk, DVM, Dipl. ACVECC, CYT**

Dr. Marie Holowaychuk is a board-certified small animal emergency and critical care specialist and passionate advocate for veterinary team wellbeing. She lives in Calgary and travels worldwide as a speaker, consultant, and locum. Marie has spent more than 15 years practicing emergency and critical care medicine in academic and private referral hospital settings. She has been primary or co-author of more than 30 manuscripts published in peer-reviewed journals.

Outside of veterinary practice, Marie is a certified yoga and meditation teacher and has completed a mindfulness-based stress reduction course for professionals. She facilitates wellness workshops and retreats for veterinary clinics or organizations and offers individual or group wellbeing sessions for veterinary team members. Marie has Compassion Fatigue Training from the University of Tennessee School of Social Work, as well as Mental Health First Aid Training from the Mental Health Commission of Canada and Applied Suicide Intervention Skills Training from the Centre for Suicide Prevention. Marie is also a certified life coach and writes a monthly blog and e-newsletter on pertinent issues related to veterinary wellbeing. She has authored dozens of articles and recorded a multitude of podcast interviews related to personal and professional wellbeing.

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